VIROLOGY

Laboratory diagnosis of viral infections

Milestones of diagnostic virology

- **1929** Bedson S, Bland J. Complement-fixation with filterable virus and their antisera. *Br. J. Exp. Pathol.* Serology
- 1948 Weller RH, Enders JF. Production of hemagglutinin by mumps and influenza A viruses in suspended cell tissue cultures. *Proc Soc Exp Biol Med* **Virus Cultivation**
- **1956** Liu C. Rapid diagnosis of human influenza. *Proc Soc Exp Biol Med*
- **1975** Kohler G, Milstein C. Continuous cultures of fused cells secreting antibody of predefined specificity. *Nature* **Mabs as diagnostic reagents**
- **1980** Gardner PS, McQuillin J.. *Rapid virus diagnosis:* application of immunofluorescence. London: Butterworths, 1980
- 1985 Saiki RK, Scharf S, Faloona F, et al. Enzymatic amplification of beta-globin genomic sequences and restriction site analysis of sickle cell anemia. Science PCR

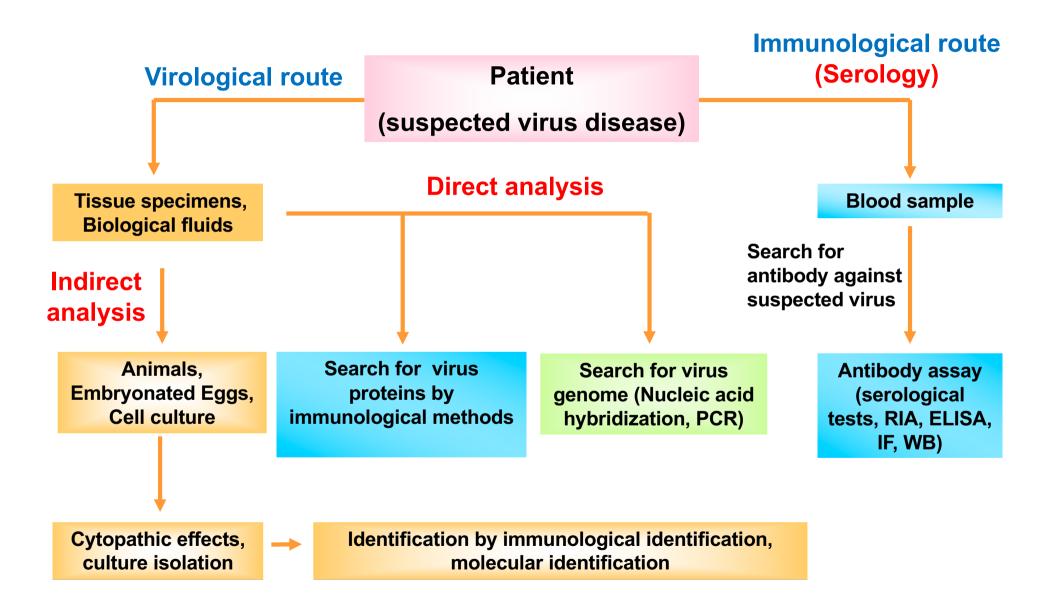
Diagnostic Strategies in Virology : State of the art

1. DIRECT ANALYSIS

2. INDIRECT ANALYSIS

3. SEROLOGY

Diagnostic stategies for virus infections



Diagnostic Strategies in Virology : State of the art

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Diagnostic Strategies in Virology: DIRECT ANALYSIS

1. VIRAL ANTIGENS DETECTION

Immunofluorescence, ...

2. ELECTRON MICROSCOPY

Morphology and titer of viral particles

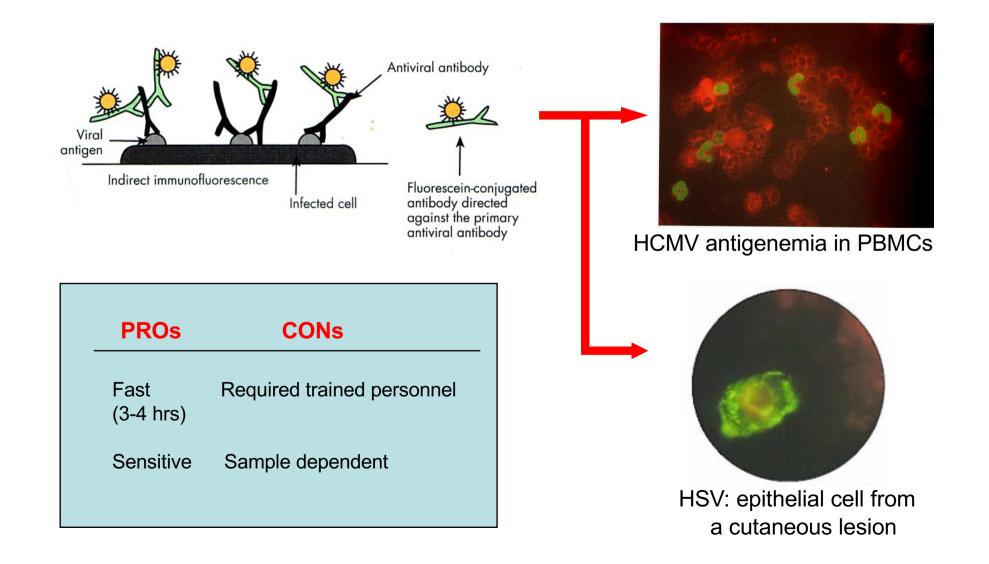
3. LIGHT MICROSCOPY

Histology, inclusion bodies

4. VIRAL NUCLEIC ACID DETECTION

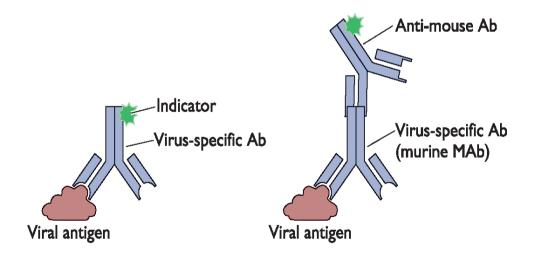
Hybridization with specific probes, PCR

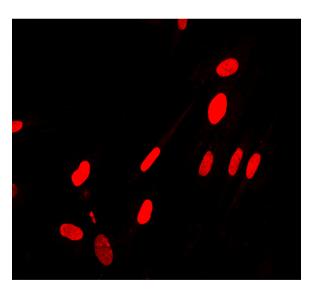
DIRECT ANALYSIS : VIRAL ANTIGENS DETECTION: IF



DIRECT ANALYSIS: VIRAL ANTIGENS DETECTION: IF

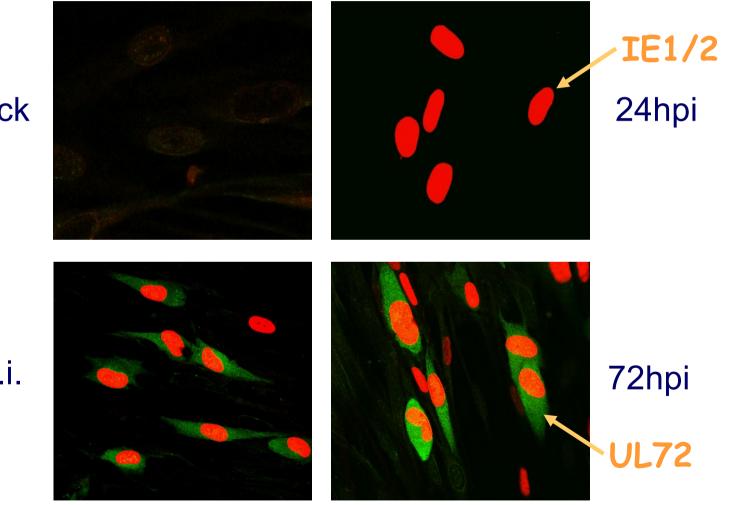
- Detection of viral antigens in infected tissues
- Requires diagnostic antibodies





IF staining of HCMV IE proteins in infected HELF cells

DIRECT ANALYSIS : VIRAL ANTIGENS DETECTION: IF



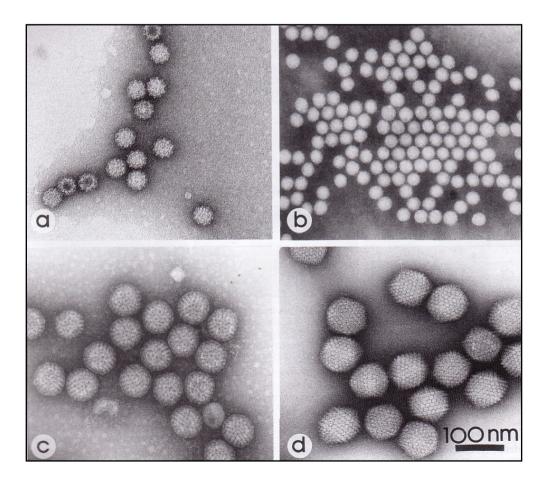
mock

48 h.p.i.

Caposio et al., Virology 2004

DIRECT ANALYSIS : ELECTRON MICROSCOPY

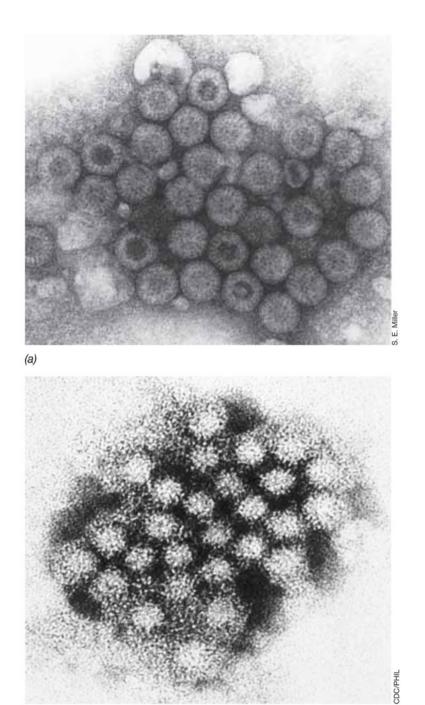
EM identifies viral particles in samples on the basis of their morphology



Four gastrointestinal viruses in feces samples:

- a) CALICIVIRUS
- b) POLIOVIRUS
- c) ROTAVIRUS
- d) ADENOVIRUS

Magnification: x 150.000



ROTAVIRUS

NORWALK

DIRECT ANALYSIS : ELECTRON MICROSCOPY

FECESRotavirus, AdenovirusNorwalk like virusesAstrovirus, Calicivirus

FLUIDS FROM BLISTERS HSV, VZV

CUTANEOUS WARTS Papillomavirus,

Pox (molluscum contagiosum)

DIRECT ANALYSIS : ELECTRON MICROSCOPY

PROs	CONs
A "catch all" technique	- Low sensitivity (10 ⁵ -10 ⁶ virus/ml)
Useful technique for the search	- High costs of acquisition

- of uncultivable virus
- Independent from virus-specific reagents

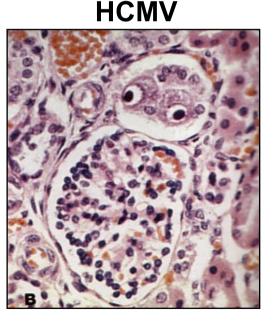
- Required trained personnel

and maintenance

DIRECT ANALYSIS : LIGHT MICROSCOPY

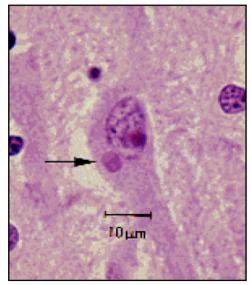
Search for **inclusion bodies** (virus materials) in histological samples.

It is a low-specificity and low-sensitivity technique. However, it can be useful for diagnosis of few selected viral infections.



Owl eyes (nuclear)

Rabies virus

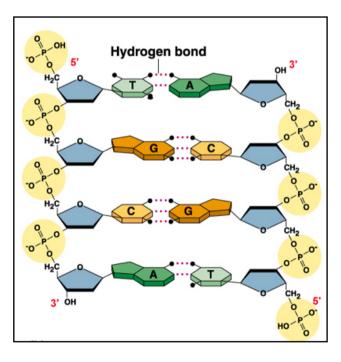


Negri's bodies (cytoplasmatic)

DIRECT ANALYSIS: VIRAL NUCLEIC ACID DETECTION

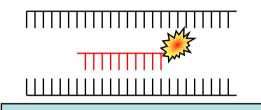
HYBRIDIZATION WITH SPECIFIC PROBES

NUCLEIC ACID AMPLIFICATION

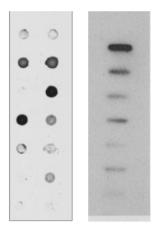


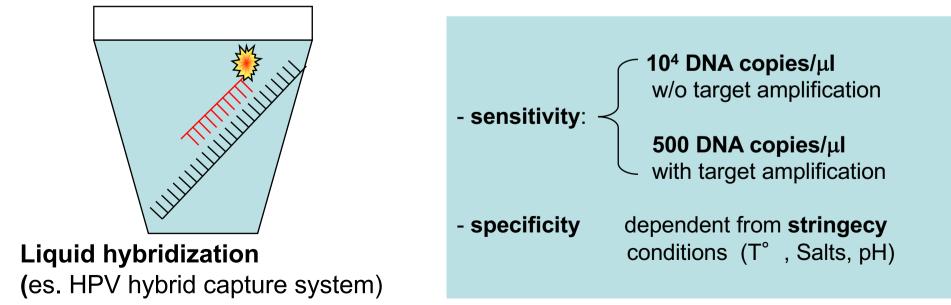


HYBRIDIZATION WITH SPECIFIC PROBES

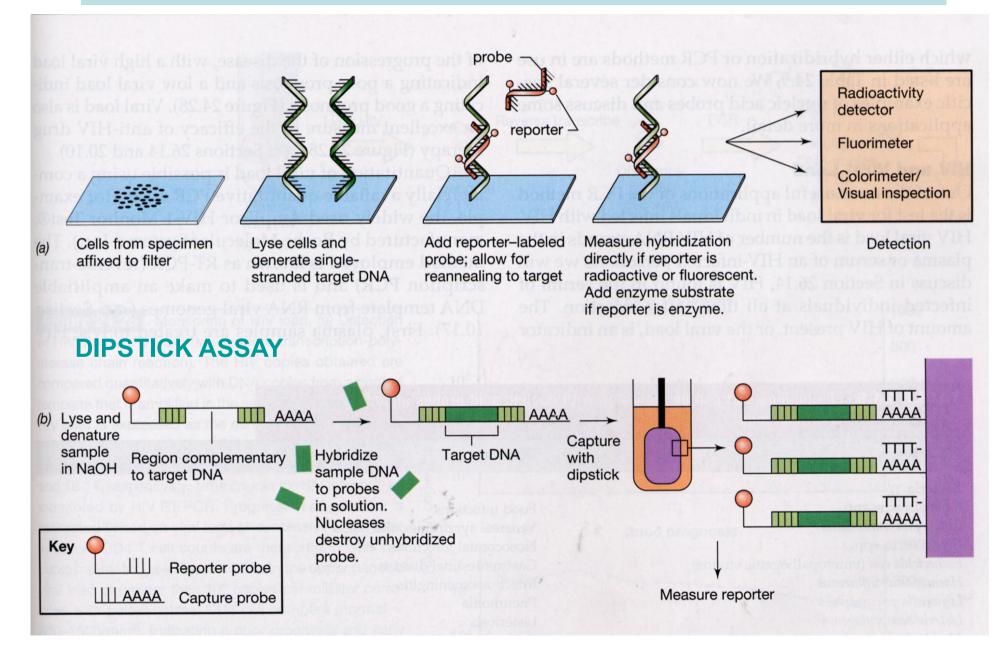


Solid phase hybridization (eg. dot blot, slot blot)

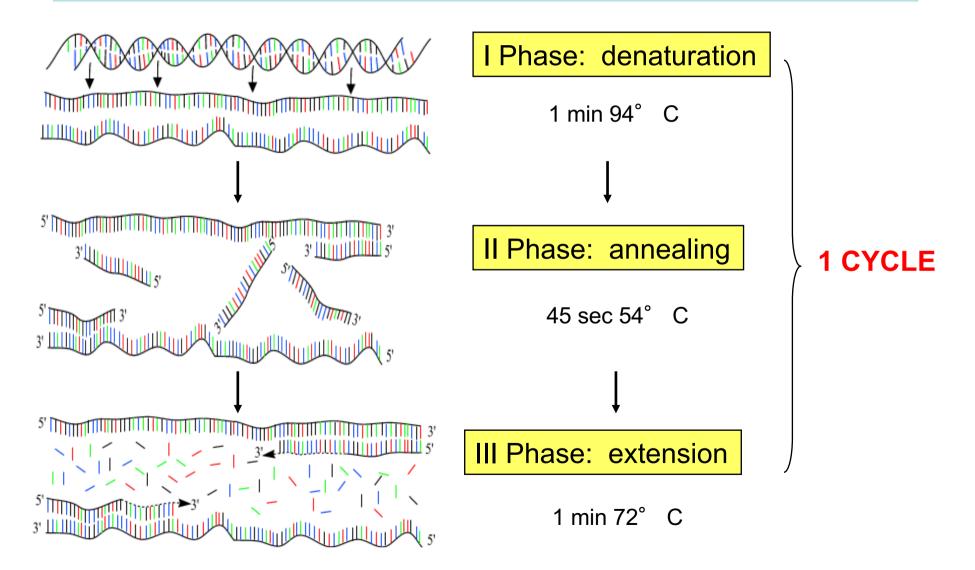




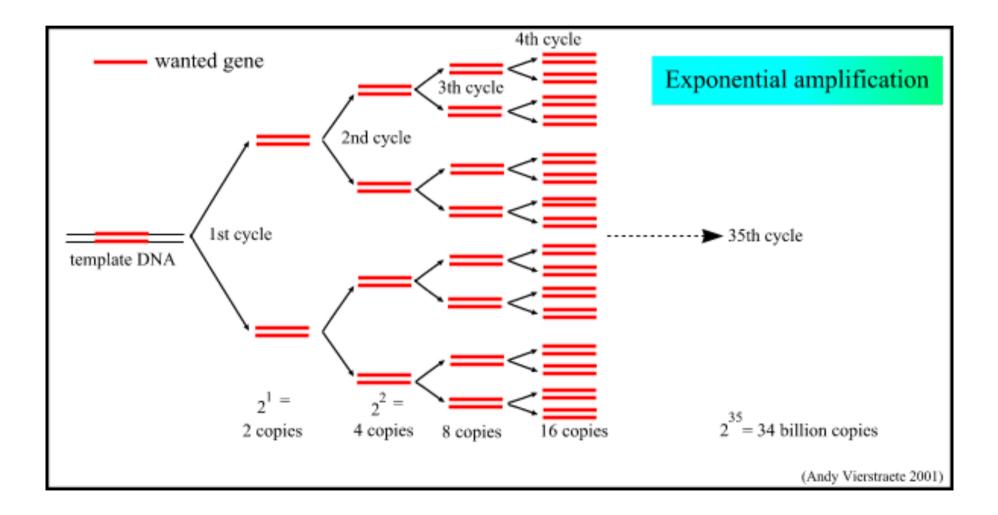
HYBRIDIZATION WITH SPECIFIC PROBES



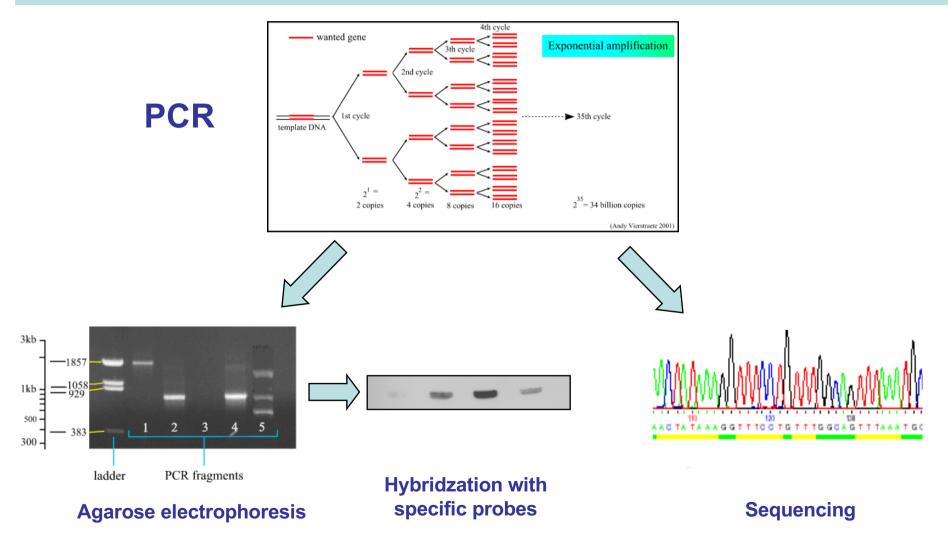
TARGET AMPLIFICATION: PCR



TARGET AMPLIFICATION: PCR



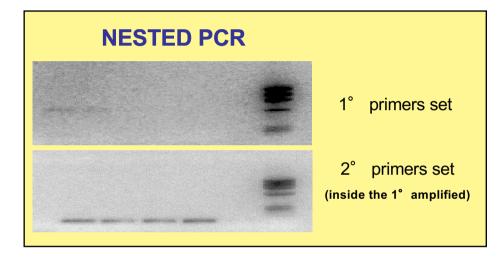
CONVENTIONAL PCR: VISUALIZATION AND IDENTIFICATION OF PRODUCTS

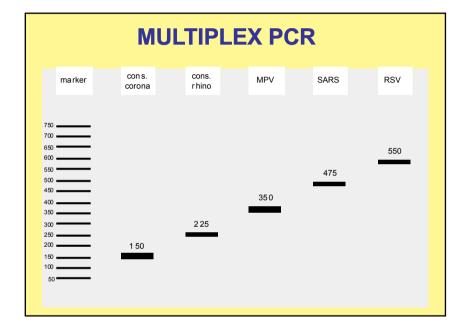


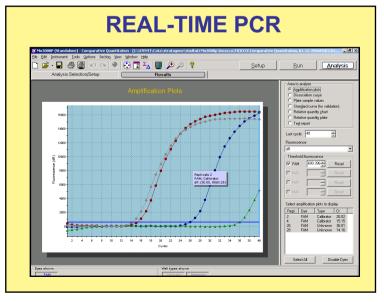
VIRAL NUCLEIC ACID DETECTON CONVENTIONAL PCR

PROs	CONs
- Extremely sensitive	 Susceptible to contaminations (false positives)
- Easy to perform	- Required trained personnel
- Fast	- Qualitative

PCR: Evolution of methods







- LCR - NASBA

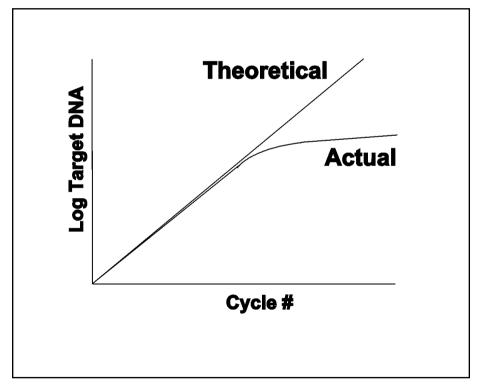
- ...

QUANTITATIVE REAL-TIME PCR (qPCR)

• Definition:

- Accumulation of a specific DNA (or RNA) is monitored during qPCR process by adding fluorescent probes to the PCR rxn mix.
- Probe fluorescence increase upon binding to DNA.
- As the target DNA is amplified, the level of fluorescence increase proportionally.
- Thus by monitoring the rate of fluorescence increase in the PCR rxn, it is possible to accurately determine the amount of target DNA present in the original sample.
- qPCR can be used to assess the abundance of a virus in a sample by quantifying a gene characteristic for that particular virus.

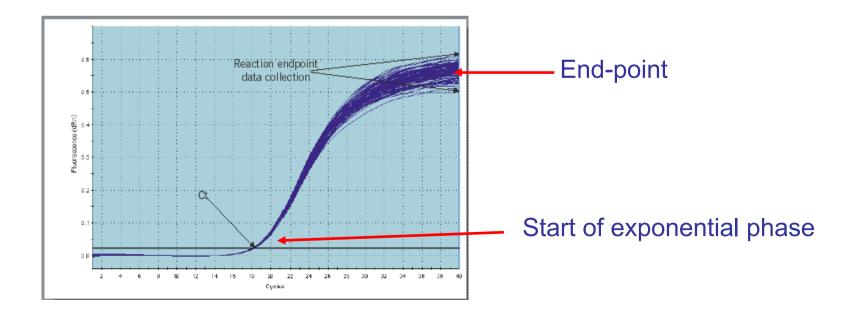
VIRAL NUCLEIC ACID DETECTON QUANTITATIVE REAL-TIME PCR (qPCR)



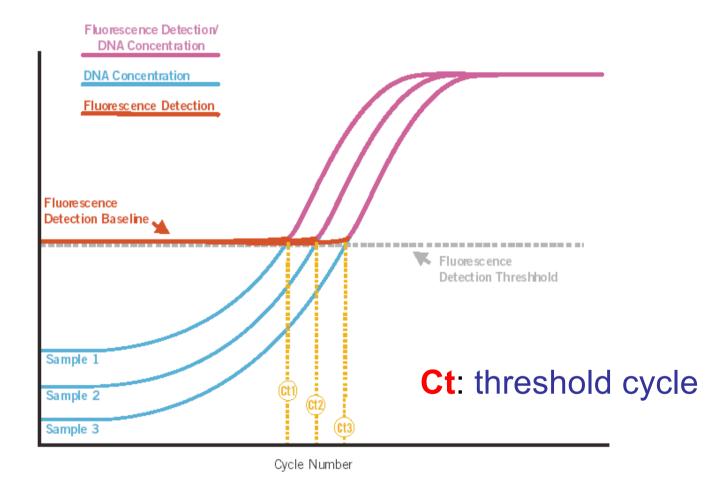
- **Theoretically,** a direct relationship exists between the final amount of the PCR product and the amount of initial target; the amount of product doubles at each cycle of the PCR rxn.
- In pratice, with the progression of PCR cycles, some components of the mixture are exhausted and inhibitors of the PCR itself appear, so that the reaction reaches a plateau.

Differences between conventional PCR and qPCR

- Conventional PCR: analysis of the amplified products occurs at the <u>plateau phase</u> end-point)
- Quantitative Real time-PCR: analysis of the amplified products occurs during the <u>exponential phase</u> of rxn



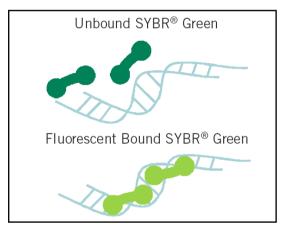
Principle of quantitative real-time PCR



The Ct value is inversely proportional to the number of initial copies of target viral nucleic acid

qPCR fluorescent probes

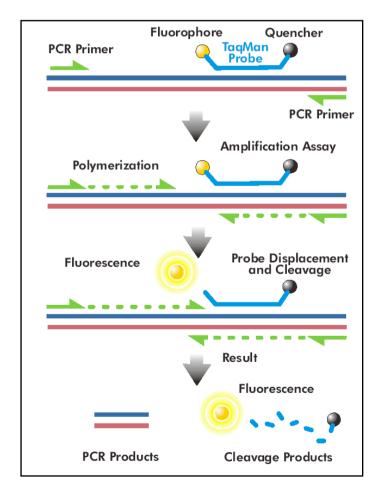
SYBR Green



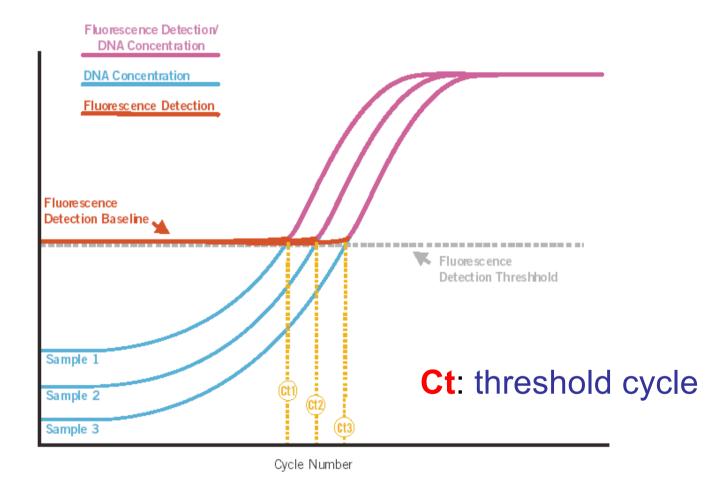
SYBR Green binds nonspecifically to dsDNA, but does not bind to ssDNA or RNA. SYBR Green added to PCR mix becomes fluorescent only when bound, thus indicating that dsDNA is present, in this case due to the amplification process.

Gene-specific fluorescent probes are made by attaching a fluorescent dye to a short DNA probe that matches the target sequence being amplified. The dye fluoresces only when dsDNA of the correct sequence accumulates.

Gene-specific probes (TaqMan)



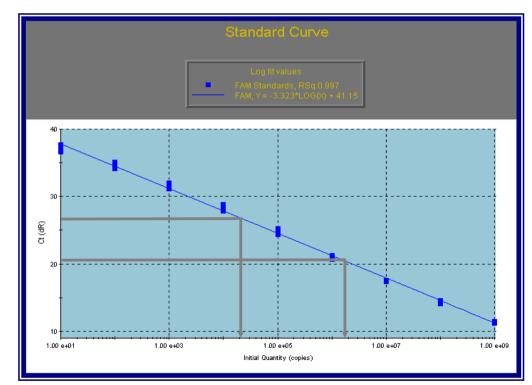
Principle of quantitative real-time PCR



The Ct value is inversely proportional to the number of initial copies of target viral nucleic acid

qPCR: absolute quantification

- Based on a series of samples with known amounts of target DNA (standard curve)
- The amplification efficiency of "unknowns" and "standards" should be always identical
- The standard curve for a specific target should be included in each qPCR determination



qPCR: an example of absolute quantification

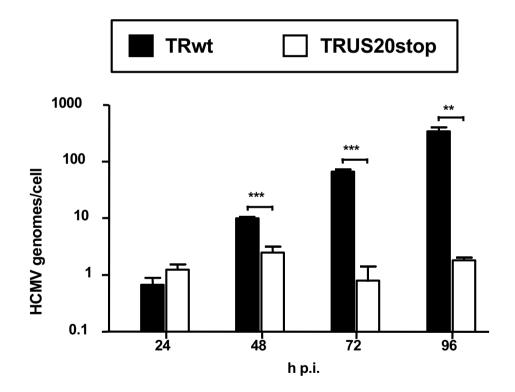


Figure 6. Lack of viral DNA synthesis in endothelial cells infected with a US20-mutant virus. HMVECs were infected with TRwt or TRUS20stop (MOI 1 pfu/cell) and at the indicated times p.i. total genomic DNA was isolated to quantify viral DNA levels by qPCR. The data shown are the mean values of two independent experiments \pm SD. **, p<0.001, ****, p<0.0001 compared to the amount of viral DNA measured in cells infected with TRwt.

Cavaletto N., Luganini A., and Gribaudo G. J. Virol. 89, 2015.

qPCR: PROs

- Extremely sensitive
- More reliable results
 (qPCR can be monitored continuosly)
- Precise quantification of target sequences
- No post-PCR visualization or identification methods to confirm amplification \rightarrow
 - faster results
 - less chance of cross-contamination

Diagnostic Strategies in Virology : State of the art

1. DIRECT ANALYSIS

2. INDIRECT ANALYSIS

3. SEROLOGY

Diagnostic Strategies in Virology: INDIRECT ANALYSIS

1. CELL CULTURES

CPE, hemadsorption, immunofluorescence

2. EMBRYONATED EGGS

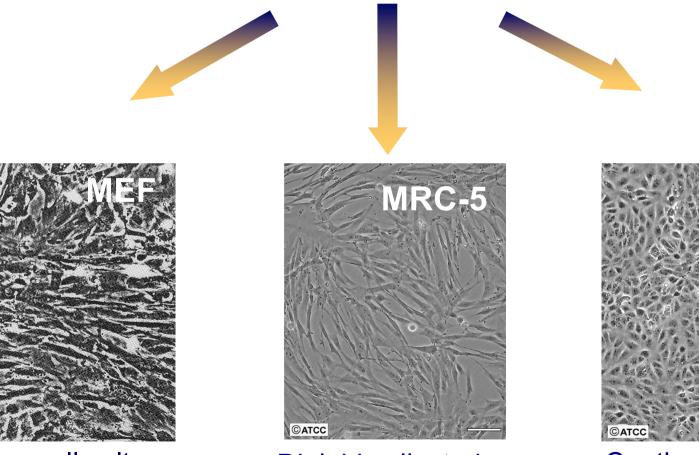
CAM lesions, hemoagglutination,...

3. LAB ANIMALS

Disease, death

Diagnostic methods in Virology: CELL CULTURES

The most widely used method for virus isolation and growth



Primary cell cultures

Diploid cell strains

Continuos cell lines

Diagnostic methods in Virology: CELL CULTURES

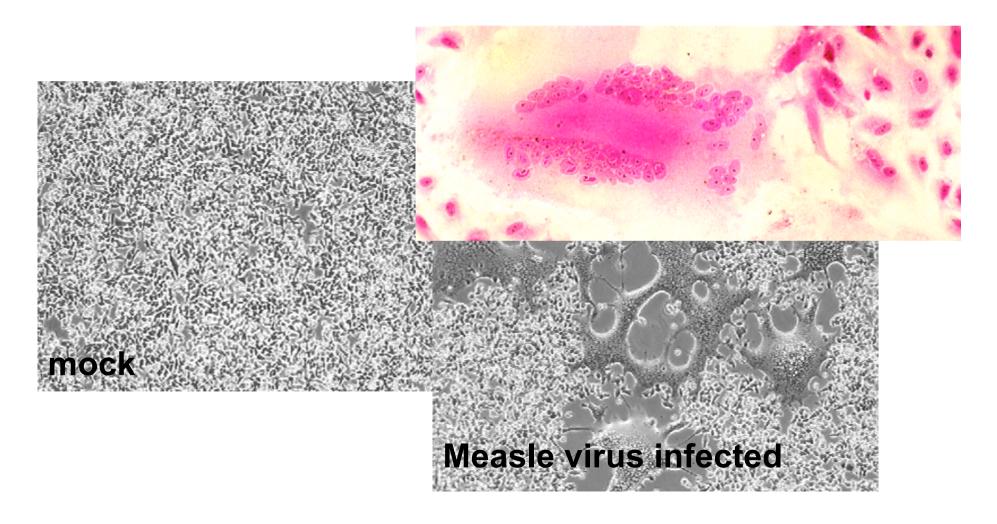
Effects of productive viral replication in cell culture:

- Cytopathic effect(s) (CPE)
- Syncitia (cell fusion)
- Hemadsorption

However, the identification of a specific virus grown in infected cell cultures can be performed usually by an immunofluorescence assays using specific antiviral antibodies

Diagnostic methods in Virology: CELL CULTURES

Syncitia formation: measle virus (giant multinuclear cells)



Diagnostic methods in Virology: CELL CULTURES

Hemoadsorption: mumps virus

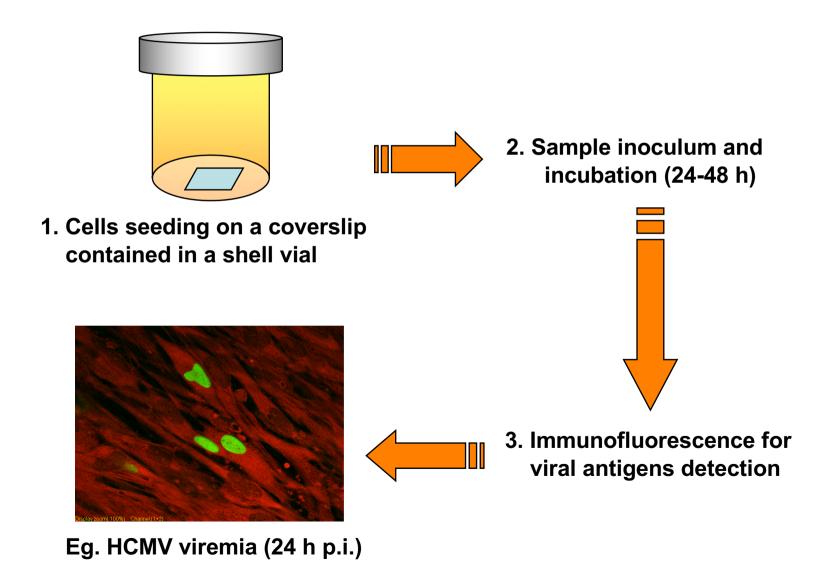
(red blood cells specifically adsorpt to mumps virus-infected cells)



Diagnostic methods in Virology: CELL CULTURES: TROUBLES

- They may require long incubation times (eg. HCMV)
- Low sensitivity. Sample dependent.
- Susceptible to bacteria and fungi contamination
- Susceptible to toxic compounds in samples
- Some human viruses cannot replicate in cell culture:
 - Gastrointestinal viruses
 - HBV
 - Parvovirus
 - HPV

Diagnostic methods in Virology: CELL CULTURES: An example of a rapid method



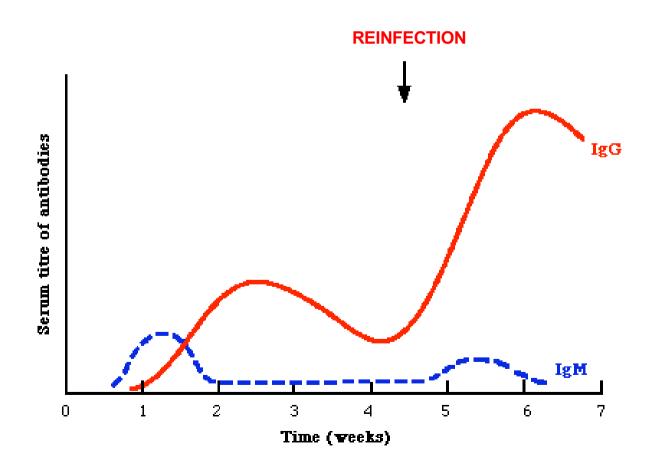
Diagnostic Strategies in Virology : State of the art

1. DIRECT ANALYSIS

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Typical serological profile resulting from an acute infection



CRITERIA FOR PRIMARY INFECTION DIAGNOSIS

- At least a 4-fold incresase of IgG titer in acute serum compared to convalescent serum
- IgM detection
- Seroconversion

CRITERIA FOR DIAGNOSIS OF REINFECTION/REACTIVATION

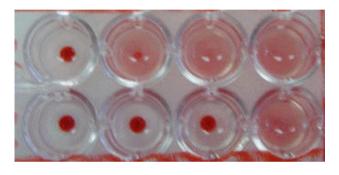
- A strong increase of IgG titer
- Absence or low IgM titer

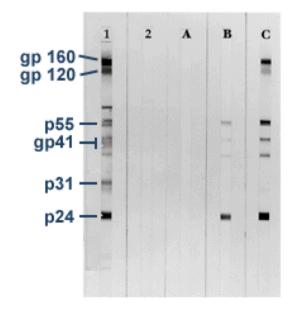
However, it is often difficult to discriminate primary infections from reinfections /reactivations. In some cases is crucial: eg. Rubella in pregnancy

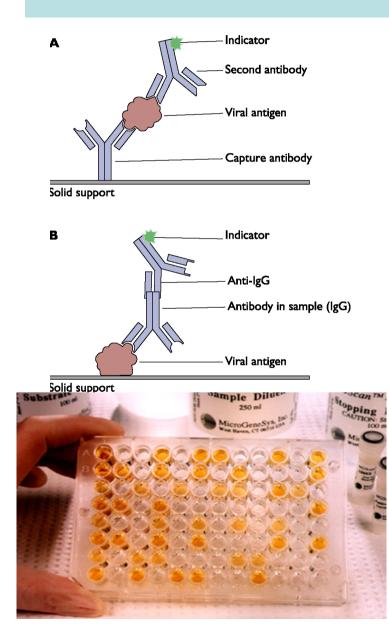
TECHNIQUES

- Enzyme immunoassays (ELISA)
- Radioimmunoassays (RIA)
- Complement fixation
- Western Blot
- ...





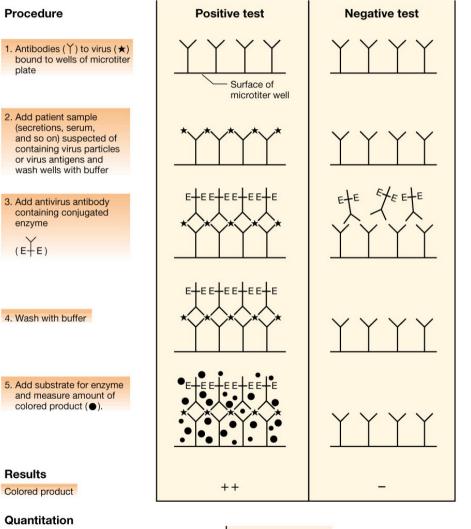




• A very sensitive immunological assays widely used in diagnostic virology. An ELISA can detect as little as 0.01 nanograms of antigen or antibody.

- Speed (typically few hours)
- Low cost
- Lack of hazardous wastes
- Long shelf life
- High specificity
- High sensitivity
- These features make ELISA tests particularly useful as immunodiagnostic tools.

Diagnostic methods in Virology: SEROLOGY: A direct ELISA to detect viral antigens

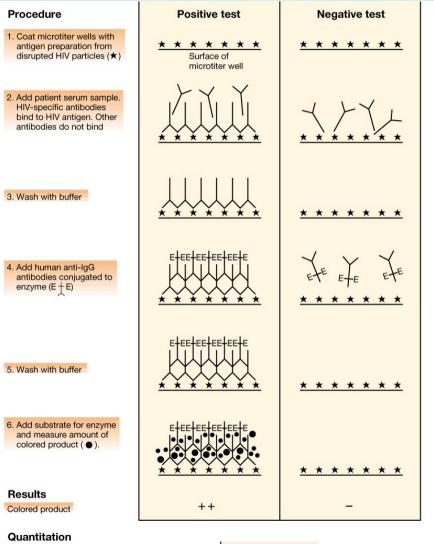


Colored product produced is proportional to amount Color

of antigen.



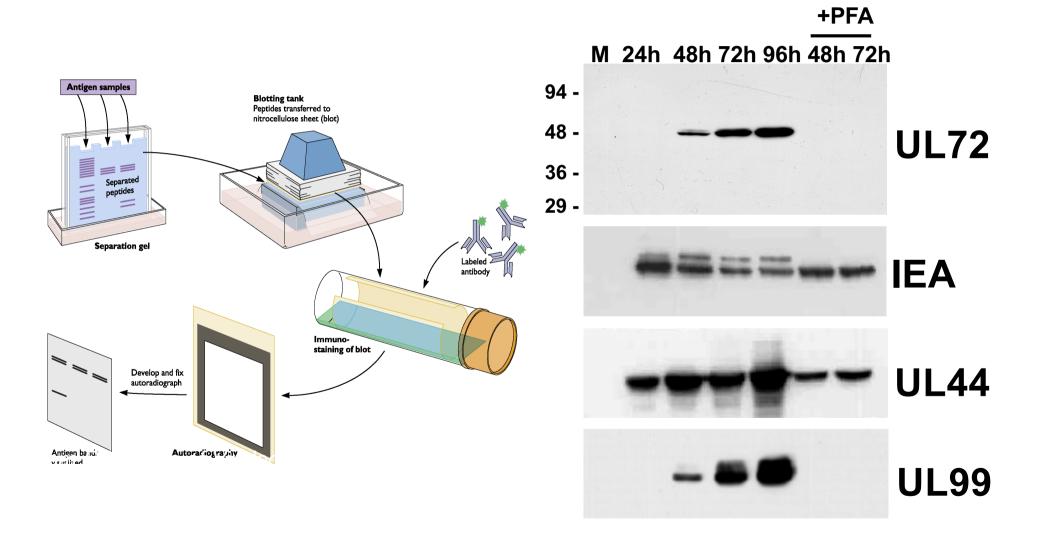
Diagnostic methods in Virology: SEROLOGY: An indirect ELISA to detect antibodies



Colored product produced is proportional to the antibody concentration.

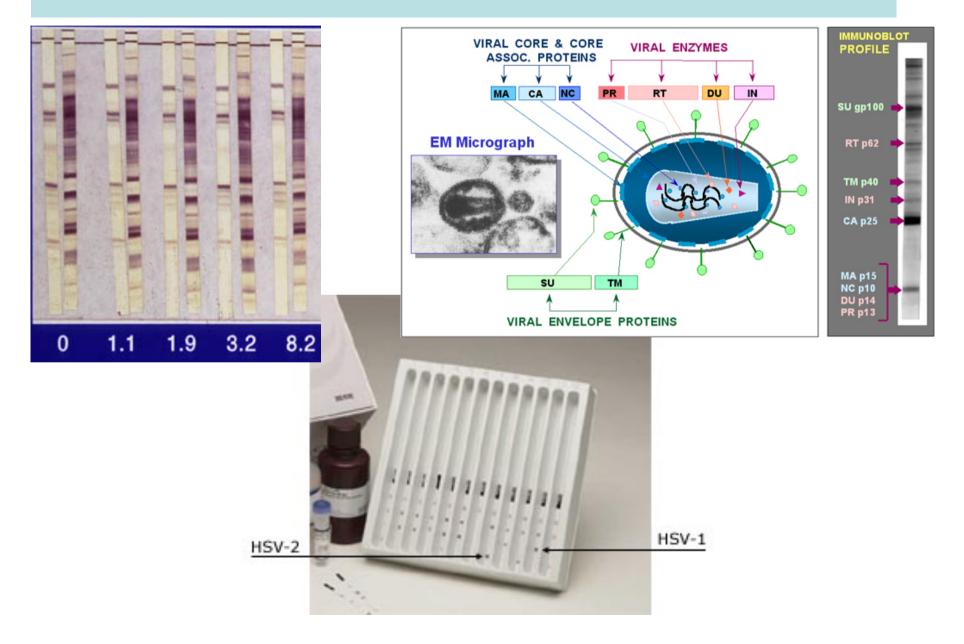


Diagnostic methods in Virology: SEROLOGY: WESTERN BLOT



Caposio et al., Virology, 2004

Diagnostic methods in Virology: SEROLOGY: WESTERN BLOT



USELFULNESS OF SEROLOGICAL RESULTS

- Useful when the onset of symptoms onset correlates with the appearance of specific antibodies
 - HAV
 - Rubella
- Useful for virus infections in which symptoms arise months or years after infection
 - HIV
 - Rabies

In these infections, detection of specific antibodies is sufficient for conclusive diagnosis

- Only retrospective value in case of viruses that produce clinical symptoms before the appearance of specific antibodies
 - Respiratory viruses
 - Gastroenteritis viruses
- Useful to establish the virological state of donors and recipients in transplants
 HCMV

Diagnostic methods in Virology: SEROLOGY: TROUBLES

- Long time to obtain acute and convalescent sera
- Local infections (eg. HSV-2) may not induce a significant antibody response
- Cross-reactivity between related viruses (eg. HSV / VZV, Japanese B encephalitis / dengue)
- Absence of or a reduced antibody response in immunocompromised individuals
- Patients with infectious mononucleosis, or with connective tissue diseases (SLE) or recipients of blood transfusions may give false positive results

Diagnostic methods in Virology:

THE MOLECULAR REVOLUTION

The development of molecular techniques has brought a revolution in the diagnosis of virus infections, thus enabling:

✓a considerable increase in the assay sensitivity

✓ shortening response times

✓ widening the range of the identified viruses

The revolution has led to a transition from conventional methods based on cell cultures to new molecular techniques

Diagnostic methods in Virology:

THE MOLECULAR REVOLUTION

However, the molecular revolution has led to the need to:

✓ lower costs and automate new tests

✓ redefine the clinical relevance of the new tests

✓ identify new standards of sensitivity and specificity

✓ redefine the clinical interpretive criteria

Diagnostic methods in Virology: AN EXAMPLE FROM THE REAL WORLD: DIAGNOSIS OF HCMV INFECTIONS

Serology (first-line)

ELISA assay to search for specific IgG/IgM

Direct detection of virus antigens

Search for virus antigen by IF (pp65) on PBMCs - ANTIGENEMIA

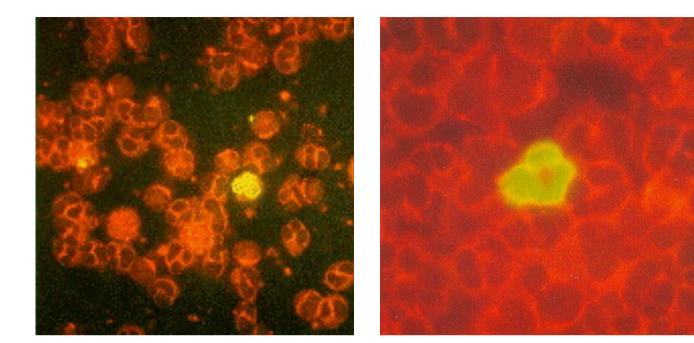
Indirect virus rapid isolation

Infection of Human Foreskin Fibroblasts (HFF) and then infectious virus identification by IF (IE1) at 24 h p.i. - VIREMIA

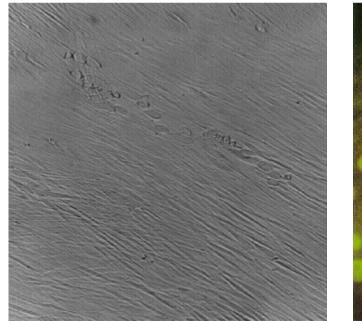
Quantification of virus DNA/RNA (monitoring patients)

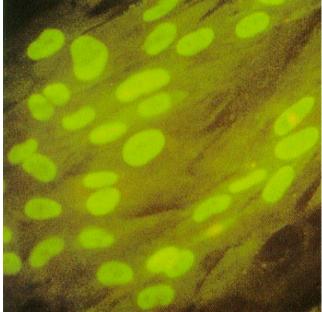
qPCR - n. of viral genomes – <u>DNAEMIA</u> RT-real time PCR - <u>RNAEMIA</u>

HCMV antigenemia





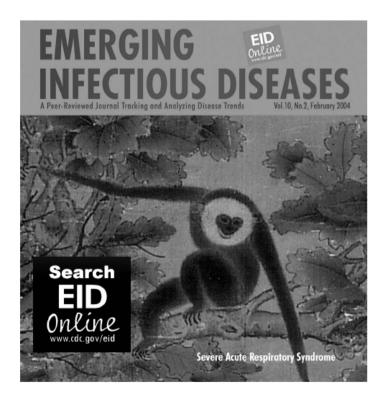


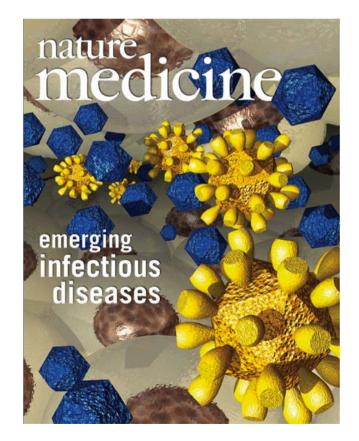


Diagnostic methods in Virology:

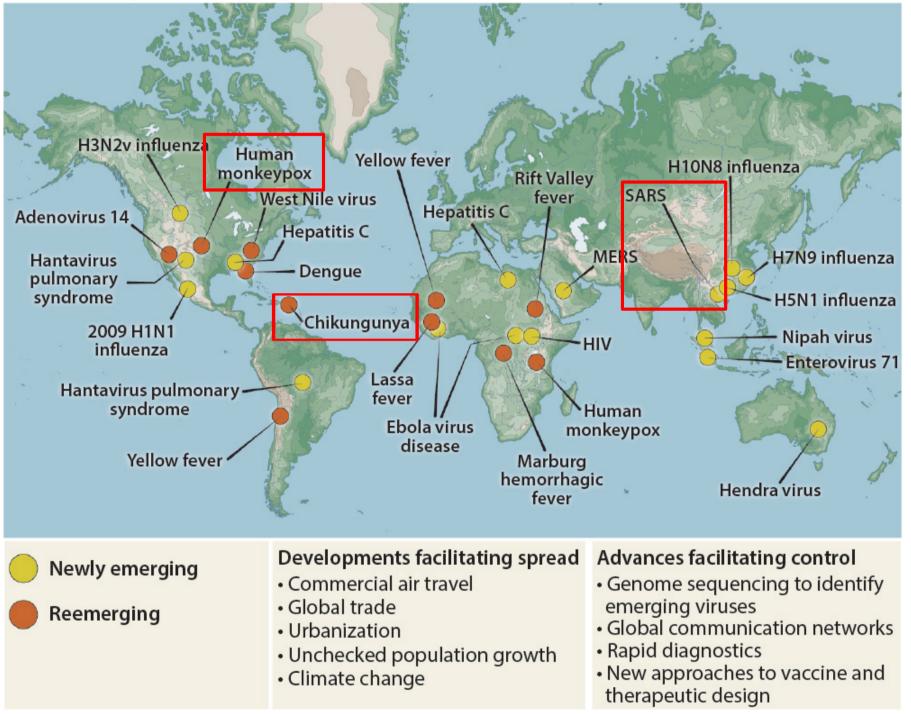
THE MOLECULAR REVOLUTION

There will still be room for conventional methods ?





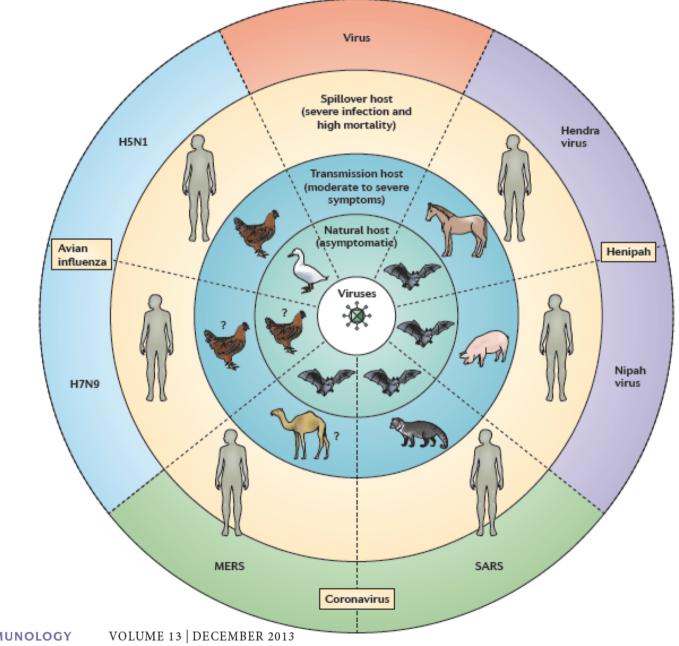
Mapping emerging viral diseases (Marston et al., Science Translational Medicine, 2014)



Examples of the impact of (re)emerging viral infections

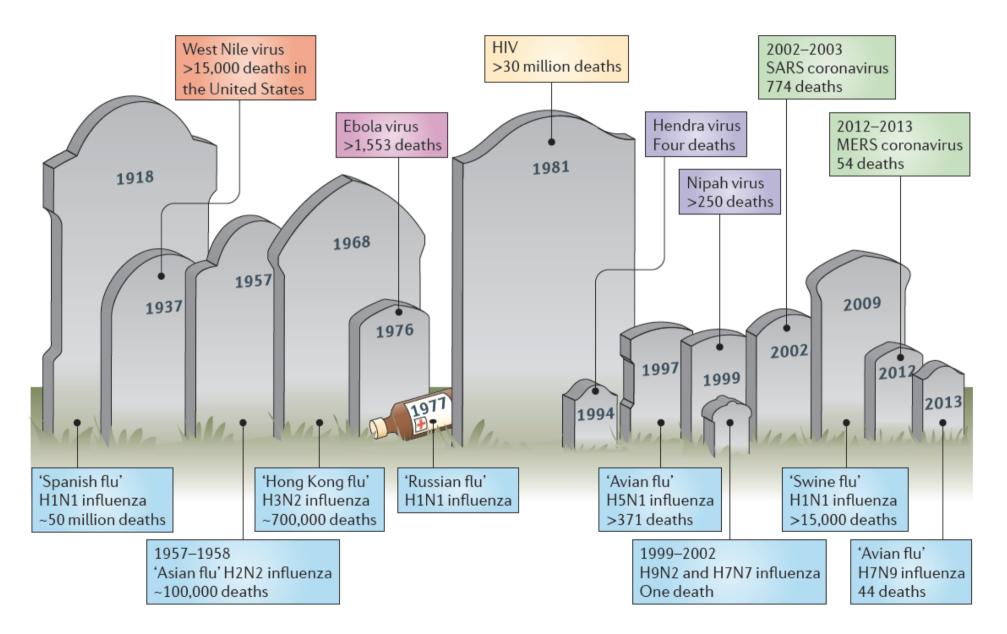
- However, the most dramatic impacts are often seen when a previously unknown viral disease is encountered.
- This can arise either as an introduction of a virus from another species, or the appearance of an entirely new disease in a previously unaffected geographical area.
- Emerging viruses arise when humans explore new territories and become exposed to infection. Emerging viruses are transmitted to humans from other species in which they typically do not cause serious disease. Transmission often involves an intermediate host (e.g., HIV).
- Reemerging viruses are those that were recognized previously, but have adapted to become major health threats or have appeared in previously unafflicted geographic locations (e.g. Chikungunya).

The severity of emerging viral diseases is influenced by the host-pathogen interaction

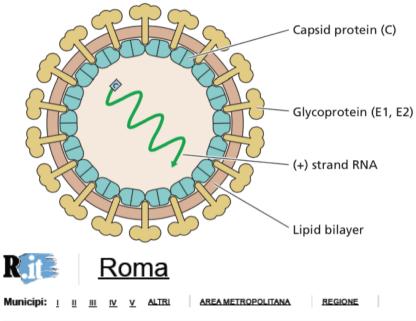


NATURE REVIEWS | IMMUNOLOGY V

Emergence of viral zoonoses over the past century



The Chikungunya outbreak in Lazio, 2017



Chikungunya, gli esperti Ue "alto rischio epidemia, ecco le precauzioni"

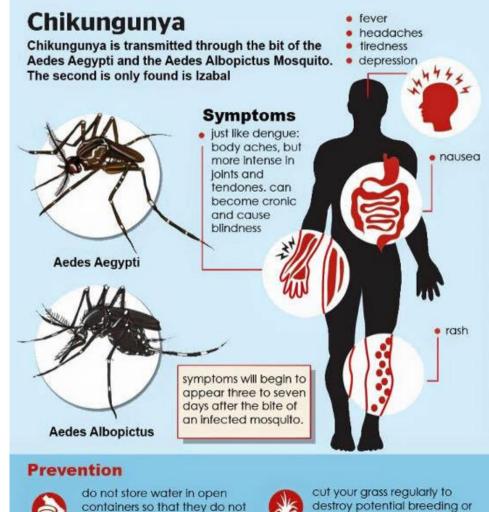
"Attenti prossime settimane". Appello della ministra Lorenzin: "Indispensabile disinfestare". Controlli sulle sacche di sangue

di CRISTINA PALAZZO



16 settembre 2017

Sono 47 i casi accertati di Chikungunya nel Lazio. Di questi uno in provincia di Latina, 6 di Roma e 40 sono residenti o hanno soggiornato ad Anzio.





become breeding sites for mosquitoes

cover tanks or containers for water for domestic use

do not accumulate trash, despose of trash in your yard



resting sites



use mesh or screens on your windows and doors

use repellent or long sleeves to avoid getting bitten

The Chikungunya outbreak in Lazio, 2017 Aedes aegypti Aedes albopictus • Asia, Africa, never Europe or US 2004 – outbreaks spread from Kenya to India Endemic or • 2007 - outbreak in Italy, first epidemic CHIKV in Europe Documented cases of CHIKV Recent outbreaks associated with A. albopictus • One amino acid change in viral gp E1

The Chikungunya outbreak in Lazio, 2017

вох 1.7

DISCUSSION An exotic virus on the move

Chikungunya virus is a togavirus in the alphavirus genus. The virus is spread by mosquitoes (primarily the notorious *Aedes aegypti*). The viral disease has been known for more than 50 years in the tropics and savannahs of Asia and Africa but had never been a problem of the developed countries in Europe or the United States. The disease is uncomfortable (rashes and joint pains) but not fatal. In the last 5 years, however, something changed dramatically and brought this once exotic disease into the forefront of public concern.

In 2004, outbreaks of Chikungunya disease spread rapidly from Kenya to islands in the Indian Ocean and then to India, where it had not been reported in over 30 years. In some of the Indian Ocean islands, more than 40% of the population fell ill. In 2007, there was an outbreak in Italy, the first ever in Europe. What had happened to change the pattern of infection?

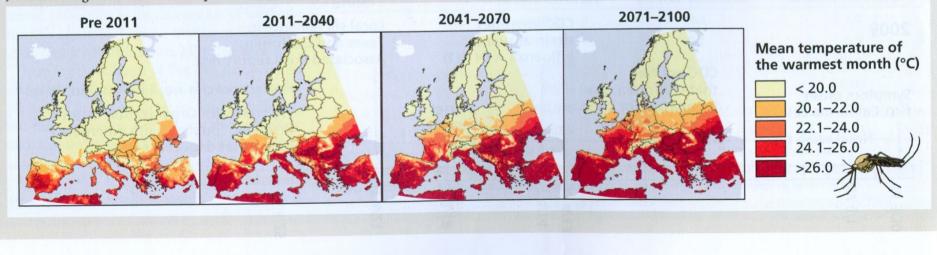
An alarming finding was that the Asian tiger mosquito (*Aedes albopictus*) became an efficient new vector for the virus. A point mutation in the viral genome appears to be the cause of the vector expansion and, perhaps, for the epidemic spread of the disease in areas where it had been unknown.



A. albopictus, which has a greater geographical range than A. aegypti, is spreading across the globe from eastern Asia and is now found in mainland Europe and the United States. This mosquito is a maintenance (occasionally epidemic) vector of dengue viruses in parts of Asia and is a competent vector of several other viral diseases. Since its discovery in the United States, five arboviruses (Eastern equine encephalitis, Keystone, Tensaw, Cache Valley, and Potosi viruses) have been isolated from A. albopictus.

Enserink M. 2007. Chikungunya: no longer a Third World disease. Science 318:1860–1861.

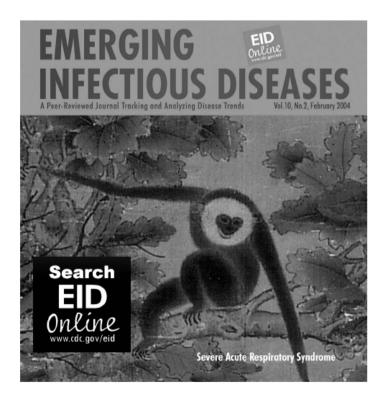
Projected distribution of Aedes albopictus in Europe, based on climate change models. Projections from two emission scenarios from the Intergovernmental Panel on Climate Change indicate that the habitat of *Aedes albopictus* will increase dramatically over the next century. From D. Fischer et al., *Int. J. Health Geogr.* 12:51, 2013, with permission.

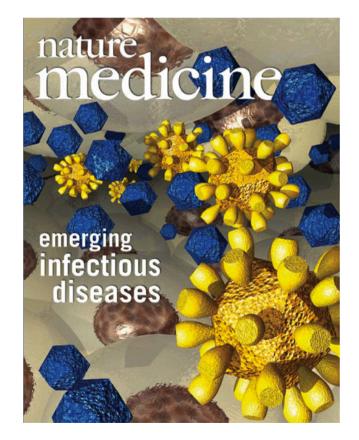


Diagnostic methods in Virology:

THE MOLECULAR REVOLUTION

There will still be room for conventional methods ?





Monkeypox outbreak – USA 2003





MONKEYPOX

Rare disease outbreak in Midwest

Four people in the Midwest have confirmed cases of the monkeypox virus and dozens of others have suspected cases, health officials say. Officials suspect they caught the illness from exposure to pet prairie dogs.



Prairie dog





Origin – This outbreak is the first to be reported in the Western Hemisphere. It is usually found in remote villages in Central and West Africa.

The virus – Related to the smallpox virus; being vaccinated against smallpox provides protection against it. The death rate among those with monkeypox ranges from 1 to 10 percent with the highest rates among young children. The largest outbreak was in the Congo where 511 suspect cases were identified between 1996 to 1997.



Transmission and symptoms – Transmitted to people from squirrels and primates through bite or contact with the animal's blood; a preliminary investigation shows the virus was transmitted to humans through 'close contact' with the infected prairie dogs. Symptoms include rashes, fevers and chills in infected persons.

Monkeypox Transmission and Pathogenesis in Prairie Dogs

Jeannette Guarner,* Bill J. Johnson,† Christopher D. Paddock,* Wun-Ju Shieh,* Cynthia S. Goldsmith,* Mary G. Reynolds,* Inger K. Damon,* Russell L. Regnery,* Sherif R. Zaki,* and the Veterinary Monkeypox Virus Working Group¹

During May and June 2003, the first cluster of human monkeypox cases in the United States was reported. Most patients with this febrile vesicular rash illness presumably acquired the infection from prairie dogs. Monkeypox virus was demonstrated by using polymerase chain reaction in two prairie dogs in which pathologic studies showed necrotizing bronchopneumonia, conjunctivitis, and tongue ulceration. Immunohistochemical assays for orthopoxviruses demonstrated abundant viral antigens in surface epithelial cells of lesions in conjunctivae and tongue, with lower amounts in adjacent macrophages, fibroblasts, and connective tissues. Viral antigens in the lung were abundant in bronchial epithelial cells, macrophages, and fibroblasts. Virus isolation and electron microscopy demonstrated active viral replication in lungs and tongue. These findings indicate that both respiratory and direct mucocutaneous exposures are potentially important routes of transmission of monkeypox virus between rodents and to humans. Prairie dogs offer insights into transmission, pathogenesis, and new vaccine and treatment trials because they are susceptible to severe monkeypox infection.





MONKEYPOX

Pet prairie dogs linked to 15 states

Nine people have contracted the monkeypox virus and at least 50 more possible cases have been reported, health officials say. The investigation has expanded to more states where buyers may have possibly purchased infected prairie dogs since April 15.

Confirmed or suspected cases of monkeypox

Linked with possibly infected pet prairie dogs



Facts about the virus

Cause Monkeypox virus, which is related to the smallpox virus Symptoms 12 days after exposure there is enlargement of lymph nodes, fever, headache, rash

Recovery Typically lasts two to four weeks; the mortality rate is one to ten percent

SOURCE: Centers for Disease Control and Prevention

Monkeypox outbreak- CDC final report, July 30, 2003

 72 suspected cases of monkeypox investigated, primarily in Wisconsin, Indiana, and Illinois

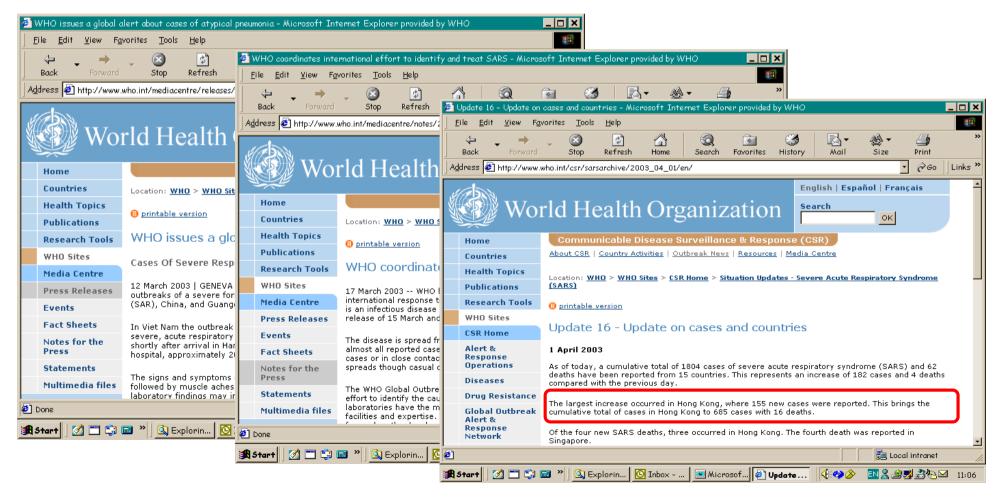
In 37 cases, monkeypox infections was confirmed by laboratory testing



(electron microscopy images consistent with poxvirus, several polymerase chain reaction—based assays, serologic tests, immunohistochemistry, and gene sequencing)

Aetiology of SARS: Story of an unprecedent success of international collaboration - 2003

www.who.int/csr/sars



Etiology establishment

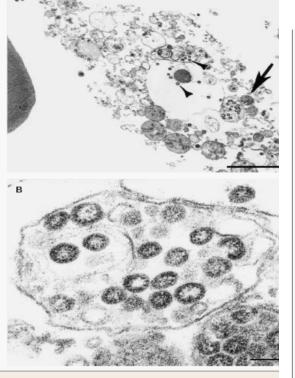


Figure 5. Ultrastructural Characteristics of a Coronaviru Infected Cell in Bronchioaveolar-Lavage Fluid from a Patient with SARS, Showing Numerous Intracellular and Extracellular Particles.

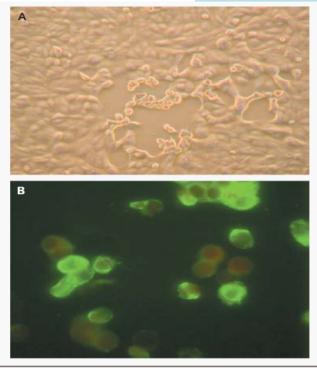


Figure 1. Vero E6 cells Inoculated with Oropharyngeal Specimens from Patients with SARS.

Ksiatzek TG: N.Engl. J Med. 2003

Strategy leading to the discovery or a new coronavirus – EM on lung biopsy

- Virus isolation
- Consensus/ low stringency PCR
- Random primer RT-PCR/differential display
- Array technology



Koch's postulates fulfilled for SARS virus

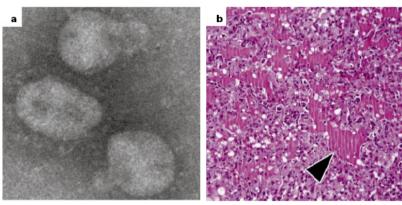
Ron A. M. Fouchier^{*}, Thijs Kuiken^{*}, Martin Schutten^{*}, Geert van Amerongen^{*}, Gerard J. J. van Doornum^{*}, Bernadette G. van den Hoogen^{*}, Malik Peiris[†], Wilina Lim[‡], Klaus Stöhr§, Albert D. M. E. Osterhaus^{*}

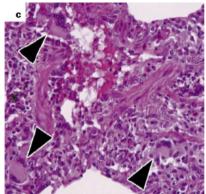
Six criteria are required to establish a virus as the cause of a disease (Koch/Rivers)

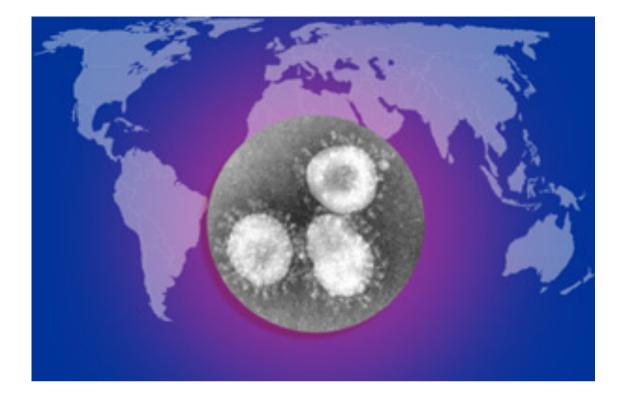
- 1. isolation of virus from diseased hosts,
- 2. cultivation in host cells,
- 3. proof of filterability
- 4. production of comparable disease in the original host species or a related one,
- 5. re-isolation of the virus,
- 6. detection of a specific immune response to the virus

igure 1 SARS-associated coronavirus and associated lesions n macaque lungs. **a**, Virus particles re-isolated from nasal wabs of infected macaques display typical coronavirus norphology. **b**, Diffuse alveolar damage in the lung; alveoli re flooded with highly proteinacecus fluid (arrowhead) that tains dark pink. **c**, Several syncytia (arrowheads) are present in ne lumen of a bronchiole and surrounding alveoli. Original nagnifications: **a**, × 200,000; **b**, × 150; **c**, × 100.









A novel coronavirus is associated with SARS Conclusive WHO announcement of April 16, 2003



Diagnostic methods in Virology:

SO, A FINAL COMMENT....

New methods for conventional viruses

Conventional methods for new viruses